# Activity 5.1: The 4 Cs

# Time: 30 minutes

# Purpose

To identify current practices associated with the 4 Cs (capabilities, connections, cognition, and confidence) of Family Engagement.

Materials Needed

- Media File Dual Capacity Framework
- The 4Cs of Family Engagement Worksheet (attached)

### Roles

- I. Facilitator: Lead activity and guide follow-up discussion.
- 2. Participants: Work in groups to discuss and answer the questions on the 4Cs chart.

### Activity

- 1. The facilitator should explain to the group that they will watch a short video clip of Karen Mapp, a national expert in the field of family engagement and an author of the Dual Capacity-Building Framework
  - A focus of our work is to build capacity of staff and families. Capacity is separated into four components: capabilities, connections, cognition, and confidence.
- 2. The facilitator will divide the group into 4 small groups. Each group is to be assigned one of the 4Cs.
- 3. Each group is to discuss current practices that address the assigned "C" and determine what type of effect the practice must build capacity of family and staff.
  - If the group is large, consider having 4 groups focus their conversations and responses on building the capacity of staff and 4 groups focus their conversations and responses on building the capacity of families.
- 4. Once completed, ask the groups to report out on their work. The facilitator can capture key conversational points on the facilitator debriefing worksheet.

Module 5: Shared Decision-Making Activity 5.1

## The 4 Cs of Family Engagement

Directions: Consider current practices addressing your group's assigned "C" and complete the chart accordingly. Following this small-group discussion, these findings will be shared with the whole group. The facilitator will record your highlights and priorities.

#### Assigned "C": Group Members:

CAPABILITIES (skills and knowledge)		CONNECTIONS (networks)	
What we do:	Effect:	What we do:	Effect:
COGNITION (beliefs and values)		CONFIDENCE (self-efficacy)	
What we do:	Effect:	What we do:	Effect: