



Person Driven Planning

Person Driven Planning is a way of planning for your future that is driven by YOU! It's about setting goals and creating a plan to make them happen! Because this is all about your hopes and dreams, you get to choose who is on your team and how they can support you. This process leads to creating a vision and action plan to make those hopes and dreams a reality!

Person Centered Planning and Person Driven Planning look and feel differently, though both have a focus on you!

VS.

Person Centered Planning

- You should be at your meetings
- You will be in the 'center', however someone else may take the lead
- Meeting participants typically include you, professionals and parent/guardian
- Your team works together to plan for your future
- Can feel like decisions are made for you instead of by you

Person Driven Planning

- You should be at your meetings
- You take the lead and make decisions
- You give input on who attends your meetings and could include support people from the community
- Your team provides opportunities for self-advocacy and leadership
- Can feel empowering and bring a sense of pride

Why plan? To get the future YOU want!

Youth Resources

As you look for ways to get more involved and lead your plan for your future, you will find that a lot of information exists. This resource was made to highlight a few resources that stand out, and to help you decide which resources make the most sense for you!

- [I Know Me](#) — A workbook-style document that guides youth to identify their goals and aspirations
- [IEP Meeting Checklist](#) — As a student with an Individualized Education Plan (IEP), what can I do before, during, and after my IEP meeting?
- [I'm Determined](#) — Youth can find tools and support to help set goals, be heard, and reach for the stars.

Family Resources

- [Person Centered Planning](#) — Person Centered Planning explained with action steps
- [Future Planning](#) — A workbook to assist facilitation of future planning
- [Supported Decision Making](#) — Education, resources, and videos on supported decision making, a facet of person centered planning

Professional Resources

- [Planning for the Future](#) — A workbook to help plan for life after high school. This workbook uses a person-centered approach to identify student strengths and facilitates a problem-solving approach to develop a plan of action and a vision for the future.
- [Personal Preference Indicators](#) — A guide to learning about (and with) a person with disabilities. The guide serves as a conversation starter and tool to think about the needs and preferences of a person to best support them in multiple settings.
- [LifeCourse Framework](#) — Created to help individuals and families of all abilities and all ages develop a vision for a good life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live.

Additional Resources

Visit our [padlet](#) for additional resources on Person Centered Planning.

Commonwealth of Pennsylvania

Tom Wolf, Governor

